

Type 2 diabetes mellitus – personalising management with non-insulin medications: useful resources

This page lists the resources mentioned in the ACE Clinical Guidance (ACG) “*Type 2 diabetes mellitus – personalising management with non-insulin medications*”.

Information for healthcare professionals

1. Clinician infographic and medication table

This two-sided resource for healthcare professionals summarises key aspects to consider when personalising non-insulin diabetes medication selection for patients. The two parts are:

- a) Infographic “Type 2 diabetes mellitus – personalising management with non-insulin diabetes medications”, highlighting key factors (glycaemic control, risk of adverse cardiorenal outcomes, factors influencing adherence) to consider when prescribing medications for patients with type 2 diabetes, and
- b) Medication table “Non-insulin type 2 diabetes medications in Singapore”, presenting key prescribing information

Click [here](#) to download the resource.

2. Subsidised SGLT2 inhibitors and GLP-1 RAs

This resource for healthcare professionals summarises the SGLT2 inhibitors and GLP-1 RAs available on government subsidy lists.

Click [here](#) to access the list.

3. Patient education aid

This patient education aid is intended to be used by a healthcare professional to facilitate discussion with patients on the importance of medications as part of the overall management of type 2 diabetes mellitus.

Click [here](#) to download the resource.

Resources for patients

Healthy lifestyle information and resources for patients with diabetes

The following are examples of patient information and resources which can be used to encourage and support patients with or at risk of type 2 diabetes mellitus to adopt a healthy lifestyle. These resources can be used to complement the information provided by healthcare professionals.

[Guide to Healthy Eating for Managing Diabetes Mellitus](#)

[Let's B.E.A.T. Diabetes](#)

[3 Be's to Beat Diabetes](#)