

References

This is the reference list to the ACE Clinical Guidance "Asthma – optimising long-term management with inhaled corticosteroid".

1. Health Information Division, Ministry of Health, Singapore. Primary Care Health Survey. 2014. Available from: www.moh.gov.sg/resources-statistics/reports/primary-care-survey-2014-report [Accessed 22 April 2020].
2. Epidemiology and Disease Control Division, Ministry of Health, Singapore. National Health Survey. 2010. Available from: www.moh.gov.sg/resources-statistics/reports/national-health-survey-2010 [Accessed 22 April 2020].
3. Thompson PJ, Salvi S, Lin J, et al. Insights, attitudes and perceptions about asthma and its treatment: findings from a multinational survey of patients from 8 Asia-Pacific countries and Hong Kong. *Respirology*. 2013;18(6):957-967.
4. Organisation for Economic Co-operation and Development (OECD). Health care quality indicators - Primary Care. 2017. Available from: <https://stats.oecd.org/Index.aspx?QueryId=51880> [Accessed 15 October 2020].
5. Global Initiative for Asthma (GINA). Global Strategy for Asthma Management and Prevention. 2020. Available from: www.ginasthma.org [Accessed 15 October 2020].
6. The National Institute for Health and Care Excellence (NICE). Asthma: diagnosis, monitoring and chronic asthma management. 2020. NICE clinical guideline 80.
7. British Thoracic Society/Scottish Intercollegiate Guidelines Network (BTS/SIGN). British guideline on the management of asthma – a national clinical guideline. 2019.
8. National Asthma Council Australia. Australian Asthma Handbook, version 2.1. National Asthma Council Australia, Melbourne. 2020. Available from: www.asthmahandbook.org.au [Accessed 15 October 2020].
9. Yii A, Puah SH, Lim HF, et al. A national audit of severe life-threatening asthma in Singapore. *Eur Respir J*. 2018;52 (suppl 62). doi: 10.1183/13993003.congress-2018.PA3957.
10. Papi A, Brightling C, Pedersen SE, et al. Asthma. *Lancet*. 2018;391(10122):783-800.
11. Pavord ID, Beasley R, Agusti A, et al. After asthma: redefining airways diseases. *Lancet*. 2018;391(10118):350-400.
12. Laitinen LA, Laitinen A, Haahtela T. Airway mucosal inflammation even in patients with newly diagnosed asthma. *Am Rev Respir Dis*. 1993;147(3):697-704.
13. Vignola AM, Bousquet J, Chanez P, et al. Assessment of airway inflammation in asthma. *Am J Respir Crit Care Med*. 1998;157(5 Pt 2):S184-187.
14. McCoy K, Shade DM, Irvin CG, et al. Predicting episodes of poor asthma control in treated patients with asthma. *J Allergy Clin Immunol*. 2006;118(6):1226-1233.
15. Tay TR, Wong HS, Tee A. Predictors of future exacerbations in a multi-ethnic Asian population with asthma. *J Asthma*. 2019;56(4):380-387.
16. Bidad N, Barnes N, Griffiths C, et al. Understanding patients' perceptions of asthma control: a qualitative study. *Eur Respir J*. 2018;51(6):1701346. doi: 10.1183/13993003.01346-2017.
17. Juniper EF, O'Byrne PM, Guyatt GH, et al. Development and validation of a questionnaire to measure asthma control. *Eur Respir J*. 1999;14(4):902-907.
18. Nathan RA, Sorkness CA, Kosinski M, et al. Development of the asthma control test: a survey for assessing asthma control. *J Allergy Clin Immunol*. 2004;113(1):59-65.
19. Pinnock H, Burton C, Campbell S, et al. Clinical implications of the Royal College of Physicians three questions in routine asthma care: a real-life validation study. *Prim Care Respir J*. 2012;21(3):288-294.
20. Thomas M, Gruffydd-Jones K, Stonham C, et al. Assessing asthma control in routine clinical practice: use of the Royal College of Physicians '3 questions'. *Prim Care Respir J*. 2009;18(2):83-88.
21. LeMay KS, Armour CL, Reddel HK. Performance of a brief asthma control screening tool in community pharmacy: a cross-sectional and prospective longitudinal analysis. *Prim Care Respir J*. 2014;23(1):79-84.
22. Liu AH, Zeiger R, Sorkness C, et al. Development and cross-sectional validation of the Childhood Asthma Control Test. *J Allergy Clin Immunol*. 2007;119(4):817-825.
23. Murphy KR, Zeiger RS, Kosinski M, et al. Test for respiratory and asthma control in kids (TRACK): a caregiver-completed questionnaire for preschool-aged children. *J Allergy Clin Immunol*. 2009;123(4):833-839.e9.
24. Chipps B, Zeiger RS, Murphy K, et al. Longitudinal validation of the Test for Respiratory and Asthma Control in Kids in pediatric practices. *Pediatrics*. 2011;127(3):e737-747.
25. Zeiger RS, Mellon M, Chipps B, et al. Test for Respiratory and Asthma Control in Kids (TRACK): clinically meaningful changes in score. *J Allergy Clin Immunol*. 2011;128(5):983-988.
26. Osborne ML, Pedula KL, O'Hollaren M, et al. Assessing future need for acute care in adult asthmatics: the Profile of Asthma Risk Study: a prospective health maintenance organization-based study. *Chest*. 2007;132(4):1151-1161.
27. Royal College of Physicians, London. Why asthma still kills: the National Review of Asthma Deaths (NRAD). 2014. Available from: www.rcplondon.ac.uk/projects/outputs/why-asthma-still-kills [Accessed on 15 October 2020].
28. Alvarez GG, Schulzer M, Jung D, et al. A systematic review of risk factors associated with near-fatal and fatal asthma. *Can Respir J*. 2005;12(5):265-270.
29. Melani AS, Bonavia M, Cilenti V, et al. Inhaler mishandling remains common in real life and is associated with reduced disease control. *Respir Med*. 2011;105(6):930-938.
30. Gautier C, Charpin D. Environmental triggers and avoidance in the management of asthma. *J Asthma Allergy*. 2017;10:47-56.
31. Cates CJ, Rowe BH. Vaccines for preventing influenza in people with asthma. *Cochrane Database Syst Rev*. 2013;(2):CD000364. doi:10.1002/14651858.CD000364.pub4.
32. Sheikh A, Alves B, Dhami S. Pneumococcal vaccine for asthma. *Cochrane Database Syst Rev*. 2002;(1):CD002165. doi:10.1002/14651858.CD002165.

33. O'Byrne PM, Pedersen S, Lamm CJ, et al. Severe exacerbations and decline in lung function in asthma. *Am J Respir Crit Care Med.* 2009;179(1):19-24.
34. Suissa S, Ernst P, Kezouh A. Regular use of inhaled corticosteroids and the long term prevention of hospitalisation for asthma. *Thorax.* 2002;57(10):880-884.
35. Suissa S, Ernst P, Benayoun S, et al. Low-dose inhaled corticosteroids and the prevention of death from asthma. *N Engl J Med.* 2000;343(5):332-336.
36. Barnes PJ. Inhaled corticosteroids. *Pharmaceuticals.* 2010;3(3):514-540.
37. Reddel HK, Busse WW, Pedersen S, et al. Should recommendations about starting inhaled corticosteroid treatment for mild asthma be based on symptom frequency: a post-hoc efficacy analysis of the START study. *Lancet.* 2017;389(10065):157-166.
38. O'Byrne PM, FitzGerald JM, Bateman ED, et al. Inhaled combined budesonide-formoterol as needed in mild asthma. *N Engl J Med.* 2018;378(20):1865-1876.
39. Beasley R, Holliday M, Reddel HK, et al. Controlled trial of budesonide-formoterol as needed for mild asthma. *N Engl J Med.* 2019;380(21):2020-2030.
40. Adams NP, Bestall JC, Malouf R, et al. Beclomethasone versus placebo for chronic asthma. *Cochrane Database Syst Rev.* 2005;(1):CD002738. doi:10.1002/14651858.CD002738.pub2.
41. Wang G, Zhang X, Zhang HP, et al. Corticosteroid plus β 2-agonist in a single inhaler as reliever therapy in intermittent and mild asthma: a proof-of-concept systematic review and meta-analysis. *Respir Res.* 2017;18(1):203. doi: 10.1186/s12931-017-0687-6.
42. Chroinin MN, Greenstone I, Lasserson TJ, et al. Addition of inhaled long-acting beta2-agonists to inhaled steroids as first line therapy for persistent asthma in steroid-naive adults. *Cochrane Database Syst Rev.* 2009;(4):CD005307. doi: 10.1002/14651858.CD005307.pub2.
43. Rank MA, Hagan JB, Park MA, et al. The risk of asthma exacerbation after stopping low-dose inhaled corticosteroids: a systematic review and meta-analysis of randomized controlled trials. *J Allergy Clin Immunol.* 2013;131(3):724-729.
44. Zhang L, Prietsch SO, Ducharme FM. Inhaled corticosteroids in children with persistent asthma: effects on growth. *Evid Based Child Health.* 2014;9(4):829-930.
45. Bisgaard H, Le Roux P, Bjamer D, et al. Budesonide/formoterol maintenance plus reliever therapy: a new strategy in pediatric asthma. *Chest.* 2006;130(6):1733-1743.
46. Gibson PG, Powell H, Coughlan J, et al. Self-management education and regular practitioner review for adults with asthma. *Cochrane Database Syst Rev.* 2003;(1):CD001117. doi: 10.1002/14651858.CD001117.
47. Guevara JP, Wolf FM, Grum CM, et al. Effects of educational interventions for self management of asthma in children and adolescents: systematic review and meta-analysis. *BMJ.* 2003;326(7402):1308-1309.
48. Gibson PG, Powell H. Written action plans for asthma: an evidence-based review of the key components. *Thorax.* 2004;59(2):94-99.
49. Freitas DA, Holloway EA, Bruno SS, et al. Breathing exercises for adults with asthma. *Cochrane Database Syst Rev.* 2013;(10):CD001277. doi:10.1002/14651858.CD001277.pub3.
50. Schatz M, Rachelefsky G, Krishnan JA. Follow-up after acute asthma episodes: what improves future outcomes? *J Allergy Clin Immunol.* 2009;124(2 Suppl):S35-42.